

Food Technology and Nutrition Report, 2018-19

Events organized

1. Dr. J. P. Sharma, Joint Director (Extension) at Indian Agriculture and Research Institute (IARI) inaugurated the **Nutrition Week celebrations** which included an intracollege competition on 'Healthy Recipes'. An intercollege essay writing competition on 'Role of Food Industry in Addressing Triple Burden of Malnutrition' and an intercollege poster making competition on 'Aaj Se Thoda Kam – Reduce Fat, Sugar and Salt in Food' were also held. More than 50 students from different colleges participated actively.
2. On 26th September an **invited talk on 'Role of Social Sector in Combating Undernutrition'** by Mr. Ashok Rao, General Secretary, Swami Sivananda Memorial Institute was held.
3. The department collaborated with FSSAI to conduct **Basic Course in Food Safety and Hygiene Training to all the Delhi University College Canteens and Hostel food handlers** on 22nd September in the college premises. AFSTI and Virtuoso were the training partners and HUL supported the training in which food handlers, faculty members and students from 25 colleges participated.
4. In the month of January, a **workshop on Chocolate Temptations** was conducted in collaboration with Association of Food Scientists and Technologists of India (AFSTI) and Economics Society of the college. Chef Astik from Academy of Pastry Arts demonstrated preparation of different types of chocolates to highly enthusiastic students while Major Dinesh Sharma made a presentation on entrepreneurship at this occasion.
5. The highly applauded **entrepreneurial project of the department - Nutri Bite** entered its third year and was inaugurated on occasion of Rakhi in August. Anamika and Khushboo as the Project Investigators led a team of 17 students successfully and to put up many stalls serving safe and nutritious savouries and sweets to students and staff of the college through out the year.

Intercollege Prizes won by students

6. Jyoti Goel of BA (Prog) III year made the college proud by clinching the first prize at the World Food Day 2018: Poster Competition on the theme 'Zero Hunger' organized by Food and Agriculture Organization (FAO) India with World Food Programme (WFP) International Fund for Agricultural Development (IFAD) on 14th October.
7. Ruqayya of III year and Namra of I year won II prize at the two-day University Chef Culinary Competition, Season 4 at Shyam Lal Mukherjee College from 28th February to 1st March.
8. At intercollege competitions held on 28th September at Aditi Mahavidyalaya in association with Nutrition Society of India, Delhi Chapter on the theme 'Food and Healthy Lifestyle', our students swept away many prizes. Anamika, Mahak, and Deepali, BA (Prog) FT III year bagged the first prize in Display Board Competition while Namra, Sujeeta, Khushboo of I year got the third prize. Ruquyaya of BA (Prog) III year bagged third prize in Healthy Tiffin Recipe Competition.
9. Nutrition Society of India, Delhi held an E-poster Intercollege competition on the theme 'Eat Right and Be Fit' in line with Eat Right Movement launched by FSSAI on 15th December. Ishpreet Kaur of BA (prog) II year got a Special Mention for her poster at this competition.

Student participation in conference/workshop

The students participated in Platinum Jubilee Conference of AIFPA held on 20th and 21st, December at Vigyan Bhawan New Delhi. They also attended a workshop conducted by Department of Food and Nutrition, Lady Irwin College, on the theme 'Foodpreneur: From Concept to Business' on 28th February.

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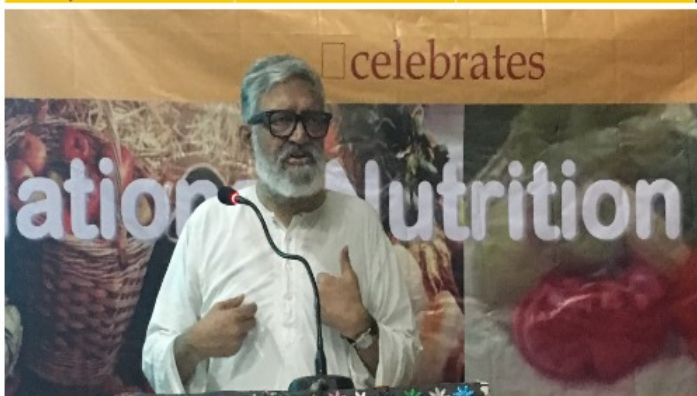


National Nutrition Week

September 2018

- Inter-college Poster Making Competition on 'Aaj Se Thoda Kam-Reducing Fat, Sugar and Salt in Food'
- Inter-college Essay Writing Competition on 'Role of Food Industry in Addressing Triple Burden of Malnutrition'
- Intra-college Healthy Recipe Competition
- Special lecture on 'Role of Social Sector in Combating Undernutrition'

Dr Pratyush Vatsala Dr Anita Malhotra Dr Nicheta Bhatia



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