

ANNUAL REPORT 2016-17

From the Field of Sports

Lakshmibai College has been performing remarkably well and maintaining its top performance in the field of sports in University of Delhi. Students are bringing laurels to our college, university, state and country by participating at university, national and international level tournaments with their hard work, dedication and sincere efforts.

During the session 2016-17, our students participated in various sports and games including Archery (Indian, Compound, Recurve), Athletics, Ball Badminton, Baseball, Boxing, Chess, Cricket, Cross Country, Fencing, Gymnastics, Handball, Judo, Kabaddi, Kho-Kho, Netball, Power-lifting, Shooting (Rifle & Pistol), Softball, Taekwondo, Table Tennis, Volleyball, Wrestling, Weightlifting and Yoga at various levels. The achievements are listed below :

National

A total of 34 representations were made by the students of our college in various Competitions including Senior National, Junior National, Women National, Open National, Federation Cup, All India etc. Out of these, Pooja Gupta and Fatima won the gold medal in Yoga; while the bronze medal winners were Laxay Sharma in Athletics; Saroj in Cross Country; Sanjana, Anjali & Nidhi in Netball.

The participants includes Priyanka in Archery; Laxay Sharma and Shivani Sharma in Athletics; Sneha Pathak in Ball Badminton; Manali in Boxing; Sonia Mishra and Saroj in Cross Country; Komal, Uma, Deepa, Ekta, Nancy, Ganga & Archana in Fencing; Radha and Sucheta in Kho-Kho; Chinki, Preeti and Divya in Powerlifting; Sanjana Chaudhary, Nidhi, Anjali, Shrishti Nain & Yashi Chaudhary in Netball; Deepika in Weightlifting; and Pooja Gupta & Fatima in Yoga.

All India Inter-University/ North Zone Inter University

35 students of our college represented University of Delhi in All India Inter-University competitions in different sports, out of which 3 secured silver medal including Preeti in Powerlifting; Deepika in Weightlifting; and Divya Aggarwal in Yoga. The bronze medal winners were Laxay Sharma in Hammer Throw in Athletics; Manisha Chaudhary, Chetna Sahrma, Archana, Preetam Kaur, Jyoti & Kavita in Baseball; and Archana, Preetam Kaur, Nirmala Prajapati, Anjali Rawat and Jyoti in Softball.

The participants included Lata in Archery; Nishu Singh, Swati Singhal & Bharti Singhania in Athletics; Kriti Gupta in Boxing; Bharti Singhania, Saroj & Kavita in Cross Country; Deepa in Fencing; Rakhi & Deepika in Gymnastics; Babita in Handball; Preeti & Chinki in Powerlifting; Deepika in Weightlifting; Bharti & Mumtaz Bano in Wrestling; and Pooja Gupta, Aayushi, Aarti, Monika & Neha in Yoga.

In North- Zone Inter-University competitions, our 10 students represented University of Delhi in different sports, out of which 3 students secured 3rd position in Cricket namely Vandana, Keerthy & Deepa. The participants included Deepa in Kabaddi; Namita, Sucheta, Veena & Sakshi Walia in Kho-Kho; and Subby & Nidhi in Volleyball.

Inter-College

In Inter-College competitions, Lakshmibai College emerged Champion in seven games including Athletics, Cross Country, Baseball, Softball, Power-lifting, Weight-lifting and Yoga; and got 2nd position in nine games i.e. Archery (Compound), Archery (Recurve), Boxing, Cricket, Judo, Kabaddi, Kho-Kho, Taekwondo and Wrestling.

Individually, we won a total of 51 medals including 20 gold, 16 silver and 15 bronze medals. The **gold medal** winners were : Bharti Singhania (5000m, Half Marathon & Cross Country), Saroj (1500m, 10000m), Yamini (100m), Laxay Sharma (Hammer Throw, Power-lifting & Weightlifting); Kriti Gupta (Boxing), Kritika (Judo), Deepika (Powerlifting & Weightlifting), Preeti (Powerlifting & Weightlifting), Chinki (Powerlifting), Shivani (Weightlifting), Bharti (Wrestling), and Mumtaz Bano (Wrestling). The **silver medal** winners were : Neeshu, Swati Singhal, Saroj & Yamini (4x400m Relay), Neeshu Singh (200m), Lata (Archery), Manali (Boxing), Varsha (Boxing), Surya S. Nair (Judo), Jyoti Gaur (Powerlifting & Judo), Shivani (Powerlifting), Juhi (Taekwondo), Khushboo (Weightlifting), Anuradha (Wrestling) and Aayushi (Yoga). The **bronze medals** were bagged by Swati Singhal (800m), Shivani (Javeline Throw), Ankita Verma (Boxing), Yashvi (Boxing),

Priyanka (Boxing), Anuradha (Judo), Kriti Gupta (Judo), Divya (Powerlifting), Chinki (Weightlifting), Sandhya (Wrestling), Khushboo (Wrestling), Shalini Singh (Taekwondo), Neha (Taekwondo), Meenakshi Bhardwaj (Taekwondo); and Monika (Yoga).

North Zone

Vandana won the 3rd position in North Zone (Under-23) Cricket tournament; while Preeti & Chinki represented Delhi State in Powerlifting; and Priyanka in Volleyball.

Delhi State/Delhi State Sports Festival for Women/ Delhi Olympic Week

In different state level competitions, our college students won the Championship in Delhi State Baseball and Archery. Volleyball team stood 1st in Youth State Championship.

Individually, we won a total of 67 medals including 28 gold, 24 silver & 15 bronze. The gold medal winners included Neeshu (200m & 400m), Anuradha (400m H), Mandeep, Komal, Uma, Deepa, Ekta, Nancy & Archana (Fencing); Chinki, Preeti & Kriti Gupta (Powerlifting); Rakhi & Deepika (Gymnastics); Pooja Gupta, Aayushi, Monika, Neha, Divya Aggarwal, Aarti, Rakhi & Fatima (Yoga); and Deepika (Weightlifting). The silver medal winners were Shivani (Javelin Throw), Saroj & Kavita (Cross Country); Garima, Anuradha, Renu (Archery); Ankita (Boxing); Komal, Gagandeep & Ganga (Fencing); Sukrita Ahuja (Pistol Shooting); Preeti (Powerlifting); and Shalini Singh, Neha & Mitali (Taekwondo). The Bronze medal winners were Priyanka & Lata (Archery); Saroj (1500m), Rachna (Fencing); Kritika, Surya S. Nair & Jyoti Gaur (Judo); Shivani (Powerlifting); Meenakshi (Taekwondo); and Fatima (Yoga).

Open Tournaments

Bharti Singhania of our college won all the Cross country races held at different venues. In Bharati Cup Invitational Inter College Competition, Kho-Kho team of our college stood second. In the Erobern-Sports Festival at Miranda House, where our taekwondo players won the runners up trophy. Kritika won the Silver medal in the 1st Open Delhi State Judo Championship for Women held at LBC. At Kalindi College Golden Jubilee competitions, our student Sakshi Jindal & Jyoti Gaur won the 2nd prize in Sports Quiz.

Overall, we won a total of 144 medals including 51 gold, 47 silver and 46 bronze medals.

The department of Physical Education & Sports successfully organized DU Inter College Kho-Kho and Baseball Championships in our college. On the occasion of International Women's Day, the college organized the 1st Open Delhi State Judo Championship for Women, in which Ms. Poonam Chopra, the first women Arjuna Award winner in Judo was the Chief Guest.

Department of Physical Education & Sports