ANNUAL REPORT 2015-16

From the Field of Sports

Lakshmibai College has been performing remarkably well and maintaining its top performance in the field of sports in University of Delhi. Students are bringing laurels to our college, university, state and country by participating at university, national and international level tournaments with their hard work, dedication and sincere efforts.

During the session 2015-16, our students participated in various sports and games including Archery, Athletics, Ball Badminton, Baseball, Boxing, Chess, Cricket, Cross Country, Fencing, Gymnastics, Handball, Judo, Kabaddi, Kho-Kho, Netball, Power-lifting, Shooting (Rifle & Pistol), Softball, Swimming, Taekwondo, Table Tennis, Volleyball, Wrestling, Weightlifting and Yoga at various levels. The achievements are listed below :

International

Sanjana represented India in 9th Asian Youth Netball Championship from Dec. 14-20, 2015 in Hongkong.

National

A total of 92 representations were made by the students of our college in various Competitions including Senior National, Junior National, Women National, Open National, Federation Cup, All India etc. Out of these, the gold medal winners were Akankshi in Boxing; and Sonali, Divya Aggarwal, Fatima, Aarti & Rakhi in Yoga. The silver medal winners were Neeshu in Athletics, Glory Rose Roy in Boxing; Anjali, Kavita, Shweta, Bhawna, Manisha, Chetna, Jyoti, Archana & Priya in Baseball; and Fatima, Divya, Aarti & Rakhi in Yoga; and the bronze medal winners were Deepa in Kabaddi; and Divya in Yoga. Our 10 students also got silver medal in Senior National Rocket Ball Championship, namely Jyoti, Monika, Yogyata, Shalu, Nirmala, Monika Chauhan, Geeta, Poonam, Shahnaz, and Manju Sen (Awarded best player).

The participants includes Renu Mandal in Archery; Rini Sikdar in Athletics; Vandana & Keerthy in Cricket; Neha Prabhakar in Cross Country; Mumtaz Bano in Basketball; Shweta, Bhawna, Manisha, Archana, Chetna, Anjali & Preetam in Baseball; Archana, Ekta Sharma, Ekta Pathak, Nancy, Meenakshi & Monika in Fencing; Rinki in Handball; Radha, Deepika, Priya Singh & Namita in Kho-Kho; Chinki, Preeti, Chhaya, Reshma, Jaskiran Kaur & Pooja Batra in Power-lifting; Kirti in Shooting; Harsha, Priyanka & Subby in Volleyball; Shelza Vats, Neena & Bharti in Wrestling; Vaishali Sharma in Weight-lifting; Jyoti, Monika, Yogyata, Shalu, Nirmala, Monika Chauhan, Geeta, Manju, Poonam & Shahnaz in Rocket Ball; and Kriti Patel and Srishti Khailwal in Shooting.

All India Inter-University/ North Zone Inter University

35 students of our college represented University of Delhi in All India Inter-University competitions in different sports out of which 7 secured silver medal in Baseball namely Shweta Das, Manisha, Bhawna, Priya Pundhir, Archana, Chetna and Anjali; while Shelza Vats won the bronze in both Judo and Wrestling. The participants included Bharti, Neeraj and Neeshu in Athletics; Aakankshi, Pooja, Glory Rose Roy & Manali in Boxing; Bharti and Neeraj in Cross Country; Rakhi and Deepika in Gymnastics; Kirti in Handball; Radha and Deepika in Kho-Kho; Vaishali and Preeti in Power-lifting; Shweta, Manisha, Bhawna, Anjali, Chetna, Jyoti and Preetam Kaur in Softball; Vaishali Sharma in Weight-lifting; Neena in Wrestling; Ayushi in Yoga.

In North- Zone Inter-University competitions, our 07 students represented University of Delhi in different sports, out of which 2 students secured 2nd position in Kho-Kho namely Deepika and Radha. The participants included Manju Sen in Cricket; Karishma Rout and Purnima in Kabaddi; Harsha and Subby in Volleyball.

Inter-College

In Inter-College competitions, Lakshmibai College emerged Champion in seven games including Athletics, Cross Country, Baseball, Softball, Power-lifting, Weight-lifting & Wrestling; got 2nd position in one game i.e. Volleyball; stood 3rd in seven games including Archery, Boxing, Cricket, Kabaddi, Kho-Kho, Taekwondo & Yoga; and remained 4th in two games including Chess & Judo.

Individually, we won a total of 43 medals including 22 gold, 11 silver and 10 bronze medals. The **gold medal** winners were : Bharti Singhania (5000m & Half Marathon), Neeraj (10000m), Neeshu (200m & 400m), Neha Prabhakar (1500m);

Akankshi, Glory Rose Roy, Pooja Kumari & Manali (Boxing); Bharti (Cross Country); Shelza Vats (Judo); Chhaya, Reshma, Preeti, Pooja Batra & Vaishali Sharma (Power-lifting); Chhaya, Reshma & Vaishali (Weight-lifting); Neena & Shelza (Wrestling). The **silver medal** winners were : Bharti, Neeraj, Neeshu & Neha Prabhakar (4x400m Relay), Subby (Heptathlon) & Neha Prabahkar (5 km. Walk); Bharti (Judo), Chinki (Power-lifting); Chinki & Preeti (Weight-lifting); Karishma Rout, Pooja Kumari, Sonia & Bharti (Wrestling). The **bronze medals** were bagged by Preeti & Ankita (Boxing), Rini Sikdar (Long Jump), Neeraj (Half Marathon), Nehashri (5 km. Walk); Neena & Shelza (Judo); Sonia & Khushboo (Weight-lifting); and Khushboo (Wrestling).

North Zone

Radha won the silver medal in North Zone Kho-Kho tournament; while Kirti and Srishti participated in Shooting.

Delhi State/Delhi State Sports Festival for Women/ Delhi Olympic Week

In different state level competitions, our college students won a total of 92 medals including 30 gold, 27 silver & 35 bronze. The gold medal winners included Neeshu (400m. Hurdles), Akanskshi (Boxing), Shweta (Boxing), Pooja Kumari (Boxing), Rinki (Handball), Deepa (Fencing), Shelza Vats (Judo & Wrestling), Bharti (Wrestling), Vaishali Sharma (Shot Put, Power-lifting, Bench Press & Weight-lifting), Chinki (Power-lifting & Bench Press), Preeti (Power-lifting & Bench Press), Chhaya (Power-lifting & Bench Press), Shalini Singh (Taekwondo), Sonali (Yoga) and Divya (Yoga).

The silver medal winners were Bharti (3000m & 5000m), Neeraj (400m & 1500m), Neeshu (200m), Ankita (Boxing), Manali (Boxing), Archana (Fencing), Ekta Sharma (Fencing), Neena (Wrestling), Bharti (Wrestling), Khushboo (Judo & Wrestling), Kriti (Judo & Bench Press), Chinki (Power-lifting), Preeti (Power-lifting & Weight-lifting), Chhaya (Power-lifting), Pooja Batra (Bench Press), Neha (Taekwondo), Geetika (Taekwondo), Divya (Yoga), Aarti (Yoga) and Rakhi (Yoga)

The Bronze medal winners were Bharti (1500m, 5000m, 4x400m, 10000m), Neeraj (4x400m), Neha (1500m, 4x400m), Rini (Long Jump), Neeshu (200m, 4x400m), Vaishali (Shot Put), Renu Mandal (Archery), Glory Rose Roy (Boxing), Shahnaz (Boxing), Deepa (Fencing), Ekta Pathak (Fencing), Ekta Sharma (Fencing), Nancy Gupta (Fencing), Neena (Wrestling), Sakshi (Judo), Sonia (Judo & Power-lifting), Bharti (Judo), Surya (Judo), Khushboo (Judo & Wrestling), Sandhya Singh (Judo), Fatima (Yoga) and Aarti (Yoga).

Open Tournaments

Bharti Singhania of our college won all the Cross country races held at Hindu College, IP College and SRCC. While Kriti Patel won the gold medal in 10m. Air Pistol Jr. Women, ISSF in the III Top Shot Open Shooting Competition held at Subharti University, Meerut.

In Bharati Cup Invitational Inter College Competition, Kho-Kho and Volleyball teams of our college stood second. In the same competition, our taekwondo players won 03 silver (Geetika, Shalini, Meenakshi), and 02 bronze medals (Mitali, Neha); while our Chess team stood third in the Erobern-Sports Festival at Miranda House, where our taekwondo players won one silver (Jaskiran Kaur),and 5 bronze medals (Shalini, Geetika, Shahnaz, Prachi, Mitali). At LSR, our Chess team stood third, while Judo players won one gold (Shelza Vats), one silver (Kriti), and 3 bronze medals (Bharti, Jigyasa, Sandhya). In Mata Sundri College Inter College Judo Championship, our judo players won 2 bronze medals (Bharti, Jigyasa).

In all, we won a total of 199 medals including 66 gold, 70 silver & 63 bronze medals at different levels of competitions during the session 2015-16.

The department of Physical Education & Sports successfully organized DU Inter College Volleyball Championship in our college. In addition, Dr. Sunita Arora was the convener for organizing DU Inter College Baseball & Softball while Dr. Seema Kaushik was the convener for Inter College Judo Championship during the session 2015-16.