NSS Activities July 2021-Dec 2021 Programme officer: Ms. Ojaswini Hooda

1) Event Name: Handmade Poster Making Competition Date: 27 July 2021

Description: On the occasion of World nature Conservation Day, NSS LBC organized a "Handmade Poster Making Competition". The competition was open for all NSS volunteers of Delhi University. The Theme for competition was same as the theme for the day in 2021 - 'Forests and Livelihoods: Sustaining People and Planet'.

No. of Participants: 6

Event Name: Making eco-friendly planters at home from non-biodegradable material.
Date: 29th July 2021

Description: The NSS unit of LBC organised an activity of making eco-friendly planters at home from non-biodegradable material to celebrate World Nature's Conservation Day. This initiative helped recycle non-biodegradable material and promoted a good cause.

Sumber of partscipants 28

3) Event Name: Documentary Screening: Quit India- Do or Die No OF CARTICIPANTS: 32 Date: 8th August 2021

Description: As part of the celebration of Azaadi ka Amrit Mahotsav, NSS LBC showcased a documentary highlighting India's freedom struggle. The documentary was based on the Quit India Movement, which was launched by Mahatma Gandhi in 1942

Documentary Shown: https://youtu.bc/a17rKxEJKO8

Google Meet Link: http://meet.google.com/nbr-bzah-hrf

4) Event Name: Azaadi ke kisse

Description: A webinar on AZAADI KE KISSE was organized for celebration of 75 years of independence, wherein Inspiring tales from the time when our freedom fighters were struggling for independence, were discussed by our fellow volunteers. It was open for everyone. Students and teachers participated in large number with great enthusiasm and zeal.

Webinar was very insightful and interactive. Topics like 'Revolt of 1857', 'Jallianwala bagh massacre', etc. were discussed which sparked fire in blood of every listener.

Date: 13th and 14th August, 2021.

Time: 6 PM

Link: https://drive.google.com/drive/folders/IrHNOkC81_qRyAzsBssTdarPpn05ziP Sx?usp=sharing

No of participants: 30

6) Event Name: Swacchta Pakhwada (1-15th September 2021)

Pledge taking ceremony-Date: 1 September No OF PARTICIPANT : 40

Time: Ignm

Link: https://meet.google.com/spg-udns-zxn

Swacchta Herces

"Superheroes are not always draped in capes, some come to save us as our helpers."

During swachta pakhwada, The NSS Unit, Lakshmibai College organised an activity where we thanked our house help and other frontline workers around us in the best way possible to make them feel special for all their efforts. This was done by, clicking a picture or making a video with them while expressing gratitude and giving them a token of thanks.

Link: https://bit.by/312GmTw/

Event name:-Group discussion on eating clean and healthy food.

Description:-On the occasion of the Swachta Pakhwada, Project Niramay conducted a webinar wherein the volunteers of Project Niramay made the participants aware about the benefits of eating clean and healthy food.

No.of participants:-34

Date:- 9 September, 2021

Event Name: Cleanliness Drive

Date: 15 September 2021

Description:

To promote cleanliness, NSS Unit of Lakshmibai College initiated Swachhta Pakhwada. A cleanliness drive followed by Nukkad Natak was organized in the college. The members volunteered in cleaning the nearby surroundings by sweeping and collecting the garbage. The volunteers of Project Umang performed Nukkad Natak to educate people about the cleanliness and its importance through an engaging street play. No of participants: 26

Event Name: A fun meme making activity

Date: 15th september

Description: To celebrate the spirit of keeping our environment clean, NSS LBC organised a fun activity. Wherein all volunteers had to make a meme on the topic clean India, green India and create

S) Event Name: NSS Day

Description:Every year on September 24, National Service Scheme Day (NSS Day) is celebrated. NSS LBC celebrated the day with great enthusiasm. The event commenced with Lakshya Geet singing by NSS volunteers which was followed by NSS Pledge taking where all volunteers promised to be disciplined and responsible citizen.

Following this a webinar on battling Anxiety and depression commenced hosted by Ms. Tanya Chadha. It was very interactive and insightful session.

Speaker: Tanya Chadha, founder of "My Safe Circle", The international Diana Award winner 2019

Platform: google meet: http://meet.google.com/cio-qeka-sid

9) Event Name: Movie Screening: Sherni

On 25th September, the movie "sherni" was screened with a purpose of representing women empowerment. The screening was followed by a discussion led by our Guest speaker, Ms. Pracheta Bakshi (Assistant Professor, Dept. Of English). The discussion intended to engage the participants in conversations around gender equality and breaking the taboos, through the film. The Movie Club of NSS created a space for genuine conversations around pertinent issues, where the movie viewing experience was further enriched by bringing one's own experiences to the fore by the participants, making the discussion more fascinating and livelier.

Date of Screening: 25th of September.

Time of Screening: 12:00-2:10pm

Time of Discussion:- 2:10-2:40pm

NO OF ATTENDES: 35

Link: - https://meet.google.com/aby-vbpq-ywd

10) Event Name: Donation Drive

NSS Unit LBC, organised a DONATION DRIVE where items were donated in village Wazirpur and Timarpur. Items for donation were collected at Lakshmibai College, Gate No.2from 28 September, 2021 to 1 October, 2021. NO OF PARTICIPANT: 25

11) Event Name: Gandhi Jayanti Celebrations

"Humne Bapu se kya seekha" activity was organised wherein volunteers recorded a video telling about what they had learnt from Mahatma Gandhi.

NSS Unit of Lakshmibai College organised a flash mob on "Body Positivity" to spread the message

Description: A "poem and short fiction writing competition" was conducted on the topic "Breaking Taboos" wherein the participant could choose any taboo to write about. The entries could be submitted in both Hindi and English. The word limit was 300 words. The competition was open to all

· E-certificates were provided to the first three position holders.

14) Event Name: Mental Health Week: "Mann Ki Shanti"

Date: 5th Oct. 2021 to 10th Oct. 2021

Description: Meditation is the key to achieving a positive mental health. It helps you in improving concentration and channelising your energy towards life's goals. NSS Unit of Lakshmibai College organised "Mann Ki Shanti" programme during mental health week where Pallavi Narayan, exvolunteer of NSS LBC conducted meditation sessions for volunteers through Google Meet.

NO OF ENTRIES (HINDU) : 20

Google Meet Link: http://meet.google.com/cio-qeka-sid NO OF ATTENDES: 25

15) Mental Health Session on the topic "Mind Management" Date: 7th October 2021 During the mental health Mr. Sunil Jain, Faculty, Art of Living, took a session and shared his views on the topic mind management.

No of participants: 35

rescription: While cancer is a serious disease, people still lack awareness about it. Women sometimes decline the symptoms because of the fear of cancer. But it can only be cured with timely spotting and seeking advice from a doctor. NSS Unit of Lakshmibai College organised a webinar on Breast Cancer Awareness in collaboration with Sanjeevani: Life beyond Cancer. The organisation's members explained how to identify and what are the symptoms of breast cancer. They educated volunteers on proper health maintenance and to be aware of any symptoms. Overall it was an interactive session. The session was conducted through Zoom meet.

18) Event Name: United Nations Day

Description: On the occasion of United Nation's Day, NSS Unit of Lakshmibai College had organised an interactive session on the topic 'How young adults can bring in the change', with the president of Soul Canopy, Girl Up, Ms. Aishwarya Sharma.

Date: 24 October, 2021, Time: 4:00 PM, no. of participants: 35

Link: https://meet.google.com/nhk-xmzn-eqx

19) Vigilance Awareness Week : 26 Oct 2021-1st Nov 2021 Theme: "Independent India @ 75: Self Reliance with Integrity" Event Name: Integrity Pledge Taking Ceremony and Quiz

Date and Time: 26th October 2021, 11.00 am

Description: As this week is being observed as Vigilance week by NSS unit of Lakshmibai College, a pledge taking ceremony was conducted where all the present volunteers, bursar prof Gayatri and Programme officer, Ms. Ojaswini Hooda pledged to spread awareness. This was followed by a quiz on common issues and facts related to vigilance.

No. of participants: 53

Meeting link: https://meet.google.com/isj-pmoo-fpj

Event Name: Open Mic

Description: On the Occasion of Vigilance Awareness Week, NSS Unit conducted an "Open Mic" Event. Many students from Lakshmibai College attended the event and participated enthusiastically. Students spoke about different topics related to the theme of vigilance awareness week in a hope that their words would make a difference.

A CLEAN TOT TOTAL DAY 16

NO OF PARTICIPANTS: 40

Date: 29 October, 2021, Time: 12 Pm ECA Period

Meeting Link: https://meet.google.com/cnv-ixyh-bdj

Google Form Link: https://forms.gle/QKq2zgeSimYVkLKr5

20. Event name : Unity Day Celebrations

Date: 31" October

Description: NSS Unit collabrated with NCC unit and organised a "Unity Run" in the college campus and students also made posters for the same.

Event Name: Unity Day Cultural programme, no of participants: 48

Description: To celebrate the birth anniversary of Sardar vallabhai Patel, NSS team organized a Unity Cultural Program where volunteers displayed "Unity of our Country" by representing different

Date: 31st October 2021; Time: 5:00 pm

Meeting link: https://meet.google.com/uhf-bnux-xqy

21. Event name: Stand Up against Street Harassment

Description: NSS Unit of Lakshmibai College organized a session on "Stand Up against Street Harassment" in collaboration with Breakthrough.

The chief speaker for the session was Mr.Salman who works for Gender Mainstreaming. He was also a speaker at Asia-Pacific Generation Equality Dialogue 2021 and conducts training on street harassment intervention in Delhi NCR. Our partner, Breakthrough started a bystander intervention programme Stand-Up which works towards curbing street harassment. It puts efforts against women discrimination and violence and builds a gender sensitive youth. The volunteers learnt how to identify street harassment and intervene safely to help others.

NO OF ATTENDES : 55

Speaker: Mr.Salman

Date: 20th Nov 2021; Time: 4-5:30 p.m.

Registration link: http://bitly.ws/jBUT

22. Event Name: Pandit Madan Mohan Malviya Jayanti: "Paricharcha" and Poster Making

Description: On the occasion of Birth Anniversary of Madan Mohan Malviya, NSS in collaboration with NCC organised a Discussion/ Guests: Prof Ranian Tripathi (Joint Dean of Colleges of University of Delhi), Dr. Rajesh Singh

NSS ANNUAL REPORT (2020-21)

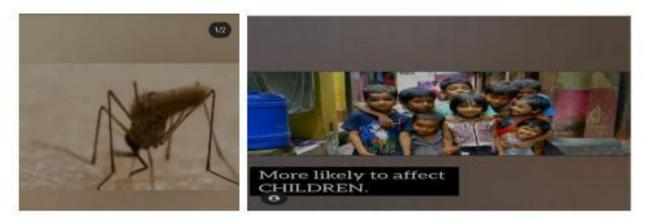


The National Service Scheme is a government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports. The NSS unit of Lakshmibai college comprises a team of enthusiastic students/volunteers that enjoy social work and as sensitive humans consider it their responsibility to bring about necessary changes in the society, to the best of their capabilities. To be the change we wish to see in the world is certainly possible and the volunteers of this unit make immense efforts to do the same

AWARENESS ON MALARIA (01 May, 2020)

An awareness video was prepared to urge each citizen to take the respective measures and help India bravely fight both battles of COVID 19 and Malaria on the onset of monsoon.

Proper measures and relevant data was also presented on issue of malaria to enhance the knowledge of people such as, India and 19 countries in sub-Saharan Africa for years have carried almost 85 percent of the global malaria burden and that we were most likely to be hit hard if we fail to remain considerate and cautious.



Session on Personality Crisis and productivity during a pandemic (03 May 2020)

The NSS unit of Lakshmibai college presented a session full of learning and unlearning on 2nd May, 2020 on 'Personality Crises and Productivity during a Pandemic' by "Ms. Vanshika Khurana'.

Amidst this pandemic, it provided an opportunity to come together to spark positivity and enlightenment. It helped to sail through the alien emotions and encourage feelings with courage and patience.

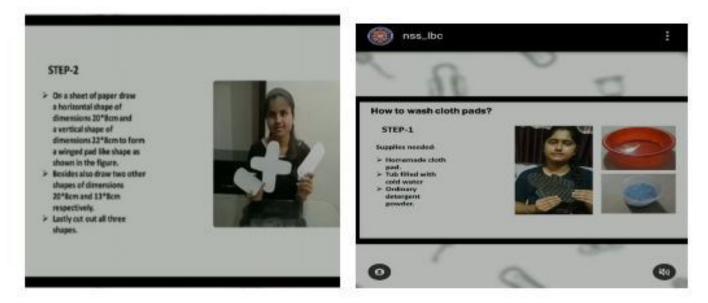
Instagram live



RED DOT REUSABLE CLOTH PAD MAKING ACTIVITY (16-17-18 May 2020)

The Red Dot Project of the NSS unit of Lakshmibai College in the month of May took a great initiative towards helping women maintain menstrual hygiene while staying safe in their homes.

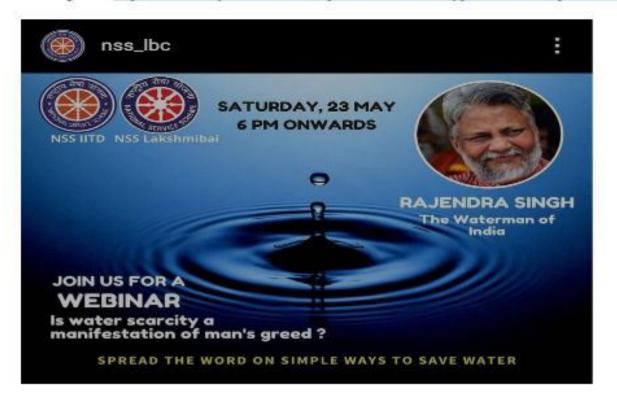
NSS volunteers actively made videos of easily preparing homemade reusable sanitary napkins, their hygienic maintenance supplemented with a video regarding effects of mental health on menstrual cycle.



WORLD WATER DAY (23 MAY 2020)

NSS LBC in collaboration with NSS IIT Delhi organised a webinar with Mr. Rajendra Singh, who is recognised as the Waterman of India, on 23rd May, 2020. Topic for the same was - "Is water scarcity a manifestation of man's greed?" In the session, Mr. Rajendra Singh talked about his journey of reviving numerous households by introducing intelligent water conservation techniques, and examining if water scarcity is truly a manifestation of nature or is the result of human exploitation. He suggested what can be done by citizens on personal as well as community level. The session sensitised everyone about the burning need of water conservation.

Meeting link: https://zoom.us/j/99291535206?pwd=RGY2dGhzSjgxeWR0NW5qMII2emZZQT09



RED DOT UNICEF INITIATIVE (27th MAY 2020)

Along with all other events, the month of May was very active with Red Dot Project again taking up the enthusiasm for the "Red Dot Challenge", initiated by @unicefindia in collaboration with @post. for bringing a change in society and again consistently working hard to fight the taboo, generating conversations and making this world a more conscious and considerate place for women.

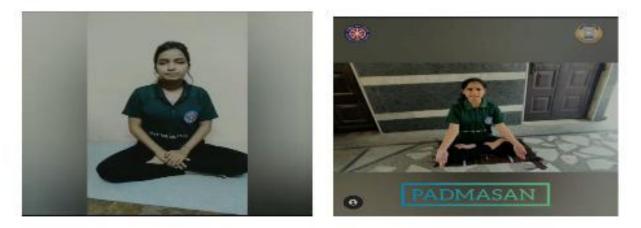
The response was quite humbling and the campaign proved to be a huge success.



YOGA ASANAS ACTIVITIES (JUNE MONTH)

The month of June remained vibrant with NSS volunteers helping people towards maintenance of good physical and mental health.

Volunteers of NSS, LBC shot several demonstrative and informative videos performing numerous yogic exercises which can be easily performed at our homes daily as per the instructions given in the videos for a balanced physical and mental health in the most difficult and challenging times of COVID 19



INTERNATIONAL YOGA DAY (21 JUNE 2020)

The NSS unit of Lakshmibai college celebrated International Yoga Day with great zeal and enthusiasm. Under the supervision of our Honorable principal Pratyush Vatsala a collaborative virtual event was organised along with the NCC wing of our College under the supervision of LT. (DR.) Seema Kaushik and Dr. Amrita Shilpi. the program officers of NCC and NSS wings respectively. Ms Esha Sharma an enthusiastic Yoga Therapist and Dance Fitness Instructor graced the celebration with her wisdom and experience.

The celebration began at 7 a.m. in the morning and was indeed therapeutic.

Meeting link: https://meet.google.com/pvk-xdme-dxc



Fun Quarantine games during lockdown

Volunteers of NSS Unit of Lakshmibai College played various fun games with their family members and recorded videos of the same.

Geography(2 July 2020)

The first game was "Geography" in which one player had to speak name of a country, state or city and the next player had to continue the game by speaking out name of a country, state or city whose first alphabet had to be same as the last alphabet of place spoken by the previous player. The player who was not able to continue the chain was disqualified.

This game inculcates a sense of healthy competition among players and increases there knowledge of geography along with their power of recalling things.

Pitching pennies (3 July 2020)

The second game was pitching pennies in which players had to keep a container and aim to throw coins/ pennies into the container from a distance. Each player had 5 pennies to aim and the player who is able to throw the maximum number of pennies into the container wins.

NSS volunteers played this game with the kids in their families and motivated and taught them how to aim in a better way.

This game improves skills like focus, calculative abilities, mental strength and judgement of techniques.

Gardening(4 July 2020)

Volunteers planted saplings in their garden from scratch. They looked for the right spot in the garden, tested and ploughed the soil, dug a pit and sowed and watered the seeds. The saplings were taken good care of and grew into beautiful green plants.

This activity not just benefitted environment and sensitised everyone towards afforestation but also nurtured caring attributes among volunteers. It also served as a good physical and mental exercise for volunteers.

Pictionary

In this game, one of the members had to draw something on a board and other members had to guess what was drawn. The wrong guesses and then the right ones made this game so much interesting and exciting. Volunteers enjoyed playing this game with their family members.

This game improves description and comprehension skills of players and enhances their creative thinking abilities.



ROAD SAFETY WEBINAR (JULY 6, 2020)

NSS Unit of Lakshmibai College organised an online workshop on road safety in collaboration with Team Honda on 6th July 2020. Mr Jatin Kataria, Japan Chief Instructor graced the webinar as spokesperson.

In this one-and-a-half-hour-long workshop, various important aspects to be taken care of while driving vehicles were explained. Road safety is perceived to be a general topic, but there are many related precautionary measures about which not many people are aware. Few of them include one's desirable body posture while driving two-wheeler and four-wheeler, things to be checked before driving a vehicle, myths and facts about drinking and driving and how to avoid accidents due to blind spots. All such safety measures were discussed in the workshop. The workshop was very interactive and turned out to be quite informative.

Meeting link: https://meet.google.com/dff-ckwp-ngp



Cyber security webinar (July 8, 2020)

A cyber security webinar was organized by NSS Unit of Lakshmibai College on 8th July, 2020 with Dr.Karnika Seth, who has been a renowned Lawyer, Advisor, Educator Policy Maker, and Women and child Protectionist, Digital Empowerment Award for the year 2015 and many other prestigious awards.

The COVID 19 pandemic has brought us more close to the digital world and social networking sites which increased the importance of the session.Dr.Karnika Seth not only advised to be careful on social networking sites but also acquainted us to numerous practical examples of cyber crimes which was a lesson for all of us. The webinar also included awareness regarding fraudulent online shopping sites, links, etc. and various agencies that can be approached for help when one gets into the trap of cyber crimes.The speaker also mentioned of the Women and Child Development Cell which too has provisions to protect and assist women and children who become victims of several cyber related crimes.Therefore,the session turned out to be very interactive and abundance with practical examples and necessary informations regarding the topic.

Meeting link: https://meet.google.com/dhf-rzdz-rga





Covid 19 Awareness- August 2020

In the month of August 2020, the NSS volunteers even during the difficult times of COVID-19 pandemic with all their enthusiasm and efforts worked towards preparing handmade well sanitized masks and distributing in the slums nearby to stop the spread of Coronavirus. Not only this, numerous volunteers also prepared short videos demonstrating how to prepare homemade well

sanitized masks and worked towards spreading awareness regarding precautions to be taken during the critical period of pandemic.



Independence Day (August 15, 2020)

COVID-19 couldn't lower down NSS volunteer's nationalism spirit. On the occasion of 15th August 2020, the local volunteers of NSS (LBC) visited the college and the pious national flag was hoisted in the college premises by Lakshmibai College Principal mam, Dr Pratyush Vatsala and was accompanied by our dear programme officer, Late Dr. Sangeeta Sharma. This was really a great tribute to our nation during the pandemic period

Meeting link: https://meet.google.com/row-mcdx-rhw



Launch of Fit India Movement (August 15, 2020 - October 2, 2020)

NSS LBC enthusiastically upheld the Fit India Movement initiated by the Government of India from 15 August 2020 to 2 October 2020. The unit encouraged its volunteers to take steps towards their personal fitness and the fitness of society as a whole. Volunteers went on morning walks, running, cycling with their friends and family. They also organized virtual meets and performed yoga and exercise on a regular basis with those people whom they could not meet due to lockdown. Volunteers also made video tutorials on how to perform yoga asanas.



These videos and the images of volunteers working out were shared on official pages of NSS LBC and also on the personal accounts of volunteers which motivated many more people to include fitness in their routine. The movement was successfully carried out by the Unit and affected many lives positively.

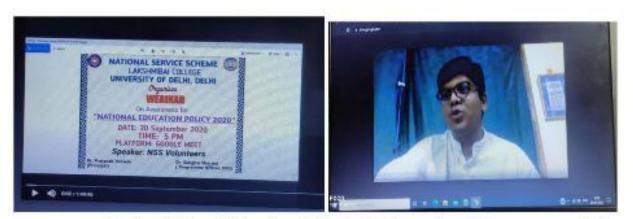
Hindi Diwas (September 14, 2020)



The NSS unit of Lakshmibai College, Delhi University organized a "HINDI BHASHAN PRATIYOGITA" Competition on the occasion of 'HINDI DIWAS', 14 September 2020. The topics for the same were as follows:- राष्ट्रीय सेवा योजना की कार्य शैली में हिन्दी का महत्व, हिन्दी भाषा -

भारतीयों की पहचान, प्रारम्भिक शिक्षा में हिंदी का महत्व

It came out to be a successful event which helped the participants to enhance their skills and learn from each other's work.



National Education Policy (September 20, 2020)

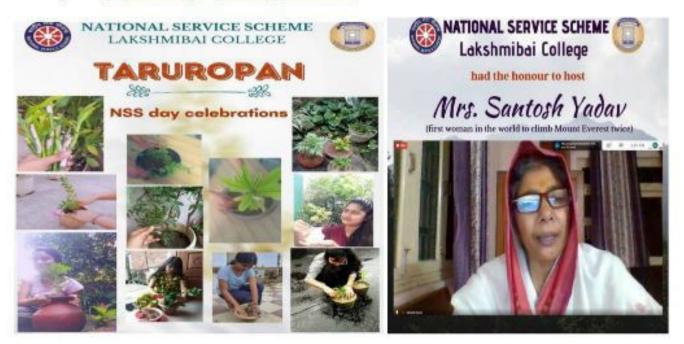
A program was organized on National Education Policy in the form of a webinar was organized on 20 September, 2020 in which speakers from the NSS unit and some faculty teachers presented the whole New Education Policy bill in front of attendees to make them familiar with the changes done in the education policy. This will further help them to stay updated with new policies and plan their academic career accordingly.

Meeting link: https://meet.google.com/uow-pgtn-wpx

51st NSS Day Celebrations (September 24, 2020)

The NSS unit is a firm believer of the saying "He who plants a tree, plants a hope". Following the same, volunteers carried 'Taruropan- The tree plantation drive' on 24 September, 2020 where the volunteers planted saplings at their respective places and pledged to nurture them. This small initiative resulted in the planting of many saplings, hence showing the power of collective efforts.

Meeting link: https://meet.google.com/gdt-wczi-dfz



On 24 September 2020, the momentous occasion of the 51st NSS day, the unit had the honor to host Mrs. Santosh Yadav, the legendary mountaineer and the first woman to conquer Mt. Everest twice. She is also a recipient of one of the most prestigious awards, Padma Shri. During the webinar, Mrs. Santosh Yadav shared her experience of climbing Mt. Everest, the difficulties she had to face, and how she battled with them. She emphasized on the lesson "Where there is will, there is way" and also shared the secrets of her energy, positivity and health. While lauding "Taruropan - the plantation drive", she also suggested other small ways through which every individual can contribute towards environmental protection. All the attendees could feel the majestic presence of this eminent personality, even virtually, and the webinar turned out to be a huge success.

Moreover, the day was further filled with bliss as, the unit took delight in organizing a plethora of competitions:-

1 Pratibimb - The Photography Competition

Topics - • Nature closeups • Patriotism

2 Abhivyakti - The Recitation Competition

Topics - •Social service •Battle against plastic

3. Chaitanya - The Digital Poster Making Competition (Hindi or English)

Topics - •Forest Fire •Ahimsa



Aatmanirbhar Bharat (September 25,2020-October 2, 2020)

The beginning of October observed a one-week long programme on the Self-dependent India Campaign which started from 25th September and went till 2nd October, under the guidance of NSS programme officer Late Dr. Sangita Sharma to celebrate Gandhi Jayanti.

Meeting link: https://meet.google.com/ejv-boyr-kzy



A webinar was organised in which volunteers expressed their views and thoughts and sent them in the form of videos. The session included enlightening information about topics such as importance of education, benefit of the new education policy, role of farmers, youth, education and digitization in making our nation self-dependent and some interesting facts about Gandhian's ideologies.



Vigilance Awareness Week (October 29-30, 2020)



On the occasion of Vigilance Awareness Week, a plethora of competitions such as Digital Poster making competition and essay writing competition, recitation and photography competition were organised on 29th October. The best entries were awarded with E- certificates. A group discussion was organised and a short play was screened on 30th October at 6pm. The group discussion was on the informative topic of an "Achieving accountable, transparent and corruption free governance" and the play that was screened was titled **"सावधानी हटी, दुईटना घटी!".**

Meeting link: https://meet.google.com/mvo-mxvo-cey

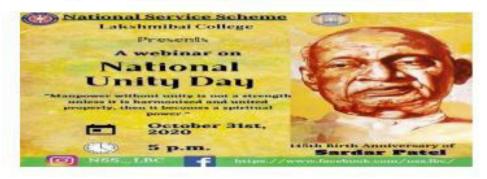
Facebook live: https://fb.watch/lt3AexF1V2/

National Unity Day (October 31, 2020)

The last event of the month of October was on 31st October which is also celebrated as the National Unity Day to commemorate the birth anniversary of Sardar Vallabhbhai Patel.

On this occasion NSS LBC organized a webinar to pay homage to this great personality and to follow his principles of integrity and unity. The webinar included speeches and poems which were both self-written as well as adopted, on Sardar Patel's integrity and the relevance of unity in India today.

Meeting link: https://meet.google.com/wdk-bptw-hjt



Orientation (November 20, 2020)



The official orientation of the NSS unit of Lakshmibai College was organised on 20th November 2020. All the volunteers of NSS, LBC were acquainted with several departments of NSS so that they could join them as per the requirements and their personal interests after passing through an interview process. The departments briefed were as such :

1) Project Shikshika - This cell basically does the noble work of imparting education to the children of Wazirpur and Timarpur Villages nearby.

 Red Dot Project - This cell is one of the most renowned cells of NSS (LBC) and helps to spread awareness about menstrual hygiene and conduct surveys, rallies, etc. related to it among the people of Wazirpur village.

3) Project Hunar - This is a very popular project where NSS volunteers try to spread awareness on a particular issue through thrilling nukkad nataks presented in the college premises as well as Wazirpur village

 Project Samarpit - This project works towards helping the disabled Sampoorna members by making their assignments, conducting competitions and co-curricular activities for them.

 Project Sampurna Vikas - This a very recent project of NSS which works towards overall development of NSS volunteers where they make best out of waste craft materials, perform various cultural activities, etc.

The sub-projects were also briefed to the students, like :

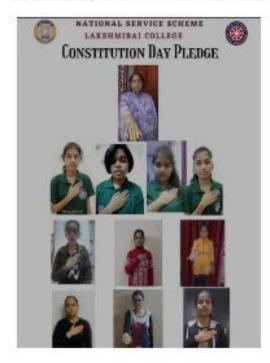
A) Editorial Team - This sub-project contributes towards writing reports, captions, articles, invitations, etc for NSS.

B) Technical Team - It contributes towards conducting online programs, making e-posters, handling social media sites and other technical works. C) Team Public Relations - This sub-project does the job of contacting and bringing various sponsors for NSS fests, looking for and pursuing various renowned speakers for addressing volunteers for their development.

Meeting link: https://meet google com/upn-ujbi-zky

CONSTITUTION DAY PLEDGE (26 NOVEMBER 2020)

Programme officer Late Dr. Sangita Sharma and the volunteers of the National Service Scheme of Lakshmibai College took the pledge on the occasion of National Constitution Day on November 26, to uphold the spirit of the Indian constitution that binds the citizens of India into a single string.



Webinar on Cyber Crime (November 29, 2020)

On 29th November, a webinar was conducted on the topic of "cyber-crime" which included topics such as unauthorized email and social media access, compromised passwords, cyber bullying and debit or credit card fraud by a pioneer in this field, Dr. Pavan Duggal, who is one of the top 4 cyber lawyers in the world, is also an advocate in the Supreme Court of India and the Chairman of the International Commission on Cyber Security Law. This concludes all the events conducted by NSS of LBC in the months of October and November.

Meeting link: https://meet.google.com/sdr-atkm-nqm

Facebook live link: https://m.facebook.com/story.php?story_fbid=202381151457491&id=155553878122715



Road Safety Webinar (January 21, 2021)

January was packed with amusing and comprehensive proceedings and commotion. Firstly, it kick started with very educational webinar on Road Safety Awareness in collaboration with safety- India (HONDA) on 21st January

The session was summoned by Mr Jatin Kataria, which aimed at following the road safety rules. There were so many pieces of information we received for our and everyone's safety that it will be very helpful.



Many material we received through presentation was basic but something ultimately resulting in decreasing accidents. In all the session was very interactive and interesting for all the volunteers and teachers.

Meeting link: https://meet.google.com/orn-zzfu-ohf

Netaji Subash Chandra Bose Jayanti (January 23, 2021)

On 23rd January on the auspicious occasion of 124th Birth Anniversary of Dr. Netaji Subhash Chandra Bose, also known as Parakram Diwas, there were two events organized to remember one of the greatest freedom fighters of all time - movie screening and poster making competition.

Movie screening was based on the documentary of Netaji's life inspiring all volunteers to follow the path that great leader showed us, to bring pride to our nation and protect its integrity. It reminded us that the freedom we have today is because of our brave freedom fighters. This documentary was watched by our volunteers with great enthusiasm and zeal. Poster making competition was held and volunteers were asked to create handmade or digital posters depicting famous quotes or important contributions of Netaji



The response of this competition was huge. There were many beautiful and delightful posters so full of patriotism. The volunteers had great fun creating them and we too had fun seeing their creative thoughts in posters.

Meeting link: https://meet.google.com/pdm-znui-saf

Gantantrotsav - Republic Day Celebration (January 26, 2021)

The month ended with our Republic Day celebration (Gantantrotsav) on 26th January, in this Covid pandemic time we had created a video together with the help of our volunteers to pay our heartiest and sincere respect to everyone who helped us in this time while we sat at our home safely and comfortably.



The delivery personnel, Indian migrants, teachers, soldiers, nurses, doctors and police officers went out of their comfort zone to help us and to help millions of people. We even urged small business owners and also presented if the constitution was a person which by the way received an abundant response. To make the day more commendable we organized a slam poetry competition for our volunteers. We got to hear so many creative poems that it still gives us goosebumps and the sensation of remembering them. The participants and their poems were full of energy and nationalism. Other than our participants our audience was keen and active too. This competition was well appreciated by everyone. January ended with great enthusiasm and satisfaction.

Meeting link: https://meet.google.com/xui-gegy-bhh

Menstrual health and Awareness Day (February 5,2021)

Under the esteemed RED DOT Project, NSS LBC celebrated "Menstrual Health and Awareness Day " as HAPPY PERIODS DAY and on this occasion we had conducted an activity where we needed to have a conversation with our house help/friend/sister/any family member about how to effectively manage periods. We recorded a video of 3 minutes for the same and clicked a photograph showing a **O** REDDOT on our palm



Laptop Distribution (February 12, 2021)



12th February was the Laptop Distribution Day in which the volunteers went to the college and distributed laptops on rental basis to the students who couldn't afford it. This was really helpful for the students to continue with their studies smoothly even in the times when they couldn't visit college.

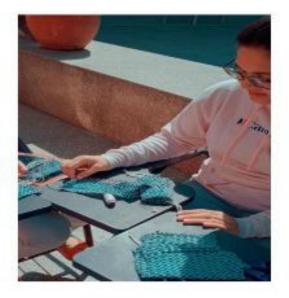
Vasant Panchami (February 16, 2021)

16th February, faculty members and volunteers celebrate Vasant Panchami. The volunteers along with the teachers made preparations for this wonderful event and took the blessings of goddess Saraswati.



Mask Framing Activity (February 20, 2021)

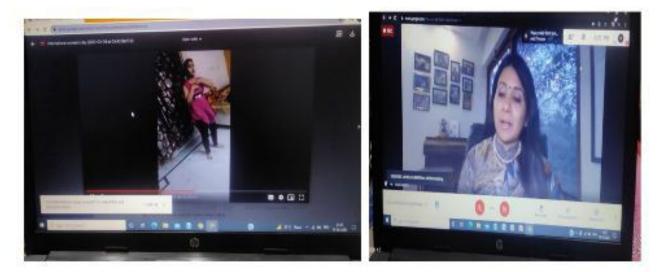
20th February was again a great success as this day the volunteers were engaged into the mask framing activity in the college. They created useful handmade masks and distributed them in the nearby slum areas. All the events were praiseworthy and contributed greatly.



International Women's Day (March 8, 2021)

The NSS unit of Lakshmibai College, under the guidance of Principal Dr. Pratyusha Vatsala ma'am and Programme Officer Late Dr. Sangita Sharma ma'am, celebrated International Women's Day on March 8, 2021 via Google meet by hosting a variety of events. Volunteers of Project Red Dot undertook discussions on menstrual health for women, smashed myths and taboos regarding periods through question and answer sessions, poster making, group discussions etc.

Even though the events took place in online mode due to restrictions because of COVID-19, yet the enthusiasm couldn't be deterred. The meet was graced by the talk and discussion sessions by our guest speakers Mrs. Tripti Somani; a chartered accountant by profession and a TedX speaker; and Dr Renu Pathak; Dy DHA, Mother and Child welfare department, North DMC. The events saw active participation from the volunteers under project- Sampurn Vikas, who showcased their creativity through poetry writing, poster making, singing, etc. The faculty members of Lakshmibai college also participated and shared their views on the essence of International Women's day. The event turned out to be successful.





The NSS unit of Lakshmibai College organized a couple of competitions on the occasion of International Women's Day.

Art is a way of life and it has brought revolutions through its various forms, over the centuries. Hence, to keep the fire burning, we organized the following competitions - 1) Painting competition Topic - Roles Played by Women

2) Poetry Writing Competition Topic - Smashing Patriarchy

Meeting link- https://meet.google.com/vfe-yacs-kkh

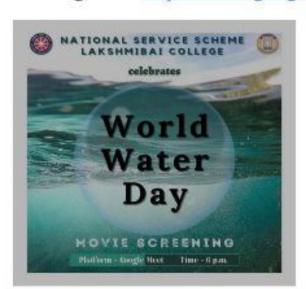




World Water Day Movie Screening (March 22, 2021)

World Water Day is observed to focus attention on global water catastrophe. This year's theme is VALUING WATER which is what water means to people, its true value and how we can better safeguard this vital resource. The value of water is about much more than its price - water has colossal and complex value for our households, culture, health, education, economics and the integrity of our natural environment.

It's high time that we begin thinking like a river if we want to leave the bequest of beauty and life for our future generations. So, let's come together and start the movement by bringing a change on the earth and saving water. NSS LBC organized a movie screening on the importance of water in daily life and how we can conserve it.



Meeting link - https://meet.google.com/ods-aoez-pji

Martyrs' Day (March 23,2021)

SHAHEED BHAGAT SINGH, SUKHDEV THAPAR and SHIVARAM RAJGURU were hanged to death with a smile on 23rd March which is recognized as martyr's day in India. On this occasion, let's join hands and let them know in heaven that they are not dead, they're immortal and still reside in the hearts of every INDIAN.

Also, on this auspicious juncture we declare the winners of Essay Writing, Poetry Writing and Slogan Writing Competitions held on the occasion of 'Shaheedi Diwas' The winners of the competitions are as follows:

ESSAY WRITING COMPETITION

1st - Madhu

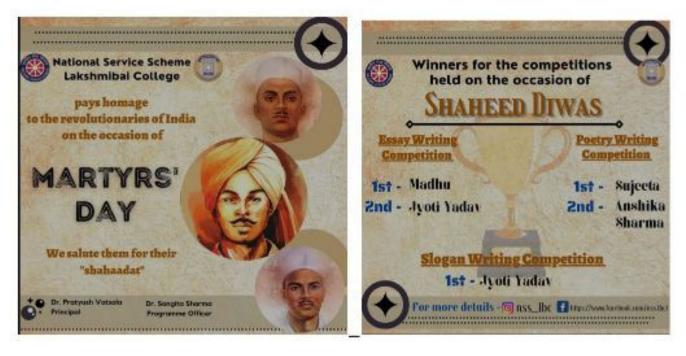
2nd - Jyoti Yadav

POETRY WRITING COMPETITION

1st - Sujeeta 2nd - Anshika Sharma

SLOGAN WRITING COMPETITION

1st - Jyoti Yadav



Educational Workshop On Menstruation (April 11, 2021)



Menstruation is a natural process, and not a taboo. To emphasis the same, on 11th April, 2021, NSS unit of Lakshmibai college in collaboration with Menstrual Café, LSR organized an Educational Workshop on Menstruation in which all volunteers participated actively and learnt various aspects of menstruation and importance of menstrual hygiene.

Meeting link - https://meet.google.com/mwn-kwqk-ndt

Teeka Utsav (April 11-14, 2021)

"I'd much rather have a vaccine than have this virus"- Paul A. Volberding, MD

As a part of the Vaccine Utsav initiated by our Prime Minister, the volunteers of NSS, Lakshmibai College organised an awareness campaign in the form of a webinar, which aimed at informing everything that one should know about COVID 19 vaccine and the vaccination programme. The major topics covered during the session included:

1. Why vaccination is important to bring pandemic under control

- 2. Safety protocol followed while manufacturing vaccine
- 3 Rumours about vaccine and why they are not true
- 4 Importance of taking precautions even after getting vaccinated

At the end of the session the speakers had a fun and interactive session with the audience, making it even more knowledgeable in an interesting way.

Meeting link - https://meet.google.com/xva-yfva-dhn

The NSS team of Lakshmibai college always looks forward to creating awareness and spreading correct information regarding topics of general interest.



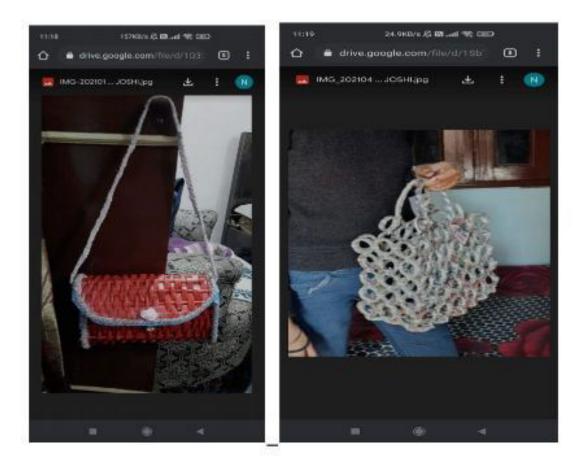
Earth Day Celebration (April 22, 2021)

On April 22, 2021, in celebration of World Earth Day, NSS LBC organized a webinar with Dr. Purnima Devi Barman, a wildlife biologist known for her conservation work with Hargila, and recipient of the 2017 Nari Shakti Puraskar presented by the President of India. Her experience and expertise helped all volunteers learn practical and effective ways to protect the environment. To sensitize society, our enthusiastic volunteers also participated in the best out of waste competition and recycled the waste to make it useful. This was also a platform for them to enhance and showcase their creativity.

Meeting link - https://meet.google.com/noa-mhai-seg







YOGA Session For Mental Well Being (April 11-16,2021)

The pandemic took a toll on everyone's mental health. Therefore, the NSS unit of Lakshmibai College organised a week-long yoga session to assist all the volunteers to stay healthy and positive, during challenging times. In the sessions, the unit also prayed for everyone's well-being and strength for those suffering from COVID. Overall, it was a great experience and refreshed all volunteers with positive vibes.

Meeting link - https://meet.google.com/dev-hbzg-oic



Health And Wellness Centre

On 24th May, 2021, NSS in collaboration with Enactus unit of LBC initiated a donation drive wherein people who had recovered from COVID-19 could donate their medicines and other covid related instruments at Health and Wellness Centre, Lakshmibai College. At this time, black marketing and shortage for medical essentials was going on, and thus the initiative helped many people who were not able to access and afford them.

(at 11)			(C)
3.3	NSS UNIT AN	D ENACTUS UNIT	
-	LAKSHMI	BAICOLLEGE	1996
	OR	GANIZE	
	DONATION DRIVE		
	QP		
	COVID RELATED INSTRUMENTS AND		
		DICINES	
		em COVID-197	
		dure for the needy.	
	Hand Hover to Nors C Lakabra	p point: e in 'Health and Wellness Santer al Gal College n'Menday - Priday)	
	Bridge (NET12)00044	Dr Geryam Draetas Restity Continuetor Into Sociale Illugiti Insolas Panolly Co- tendo et content Chicodinator Preside et content Into Der Transverse	2
		-	3
- enact	usibc		
Too loto	and nonsurrous about	t COULD ID with the	
	CHO FREQUECES GDOU	rt COVID.19, visit the	

Walk In Vaccination

A Free Walk-in vaccination drive for all 18+ DU staff ,Families and students was initiated wherein staff of Delhi university aged 18+ could just walk in and get themselves vaccinated from Monday to Saturday (9:30 am-4 PM). The drive was in memory of late Dr. Sangita Sharma, convener of NSS unit of LBC and college's aim of becoming a 100% vaccinated campus.

NSS volunteers came forward and guided people who came for vaccination in LBC. Right from registration to getting vaccinated and being around during observation time, the volunteers helped them, which made the vaccination drive effective and smooth. A photobooth was also prepared and hashtags were used for spreading awareness on campus like #LBCVaccinationdrive.









Project Raahat (June 04-06,2021)

A series of didactic webinars were organized in collaboration with Project Raahat - a student-run Delhi wide organization. They spread awareness on various aspects related to domestic violence. In the three day long run of webinars, on the first day, psychological effects of domestic violence were covered. On the second day, legal reliefs that one could consider were talked about and on the last day, benefits of being financially independent in connection to domestic violence as well as the importance of self-defense were discussed.

Meeting Link - https://meet.google.com/vth-iczv-ret





World Environment Day Webinar and Plantation Drive (June 05,2021)

On the occasion of World Environment Day, NSS unit of Lakshmi Bai College organised an enriching webinar by Ms Bharati Chaturvedi, an eminent environmentalist and writer. She is the founder of internationally awarded non-profit organisation- Chintan. Maximum participation by all the volunteers was witnessed as a step towards a sustainable environment.

A plantation drive was also observed, volunteers planted medicinal plants at their homes and documented the entire process.

Meeting link -

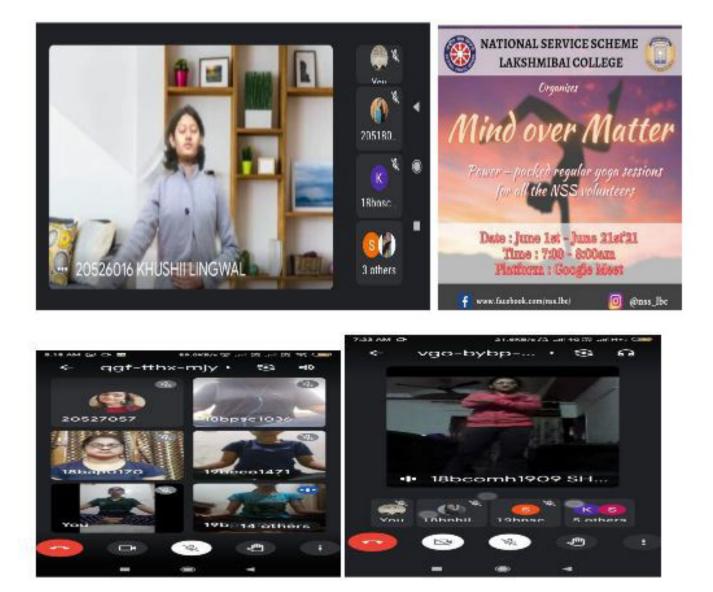
https://us04web.zoom.us/j/2958068373?pwd=Vk5OL1dQaW5hekV2b1dqbjFTQm93Zz09



Yoga Sessions (June 1,2021-June 20 2021)

Yoga sessions commencing from 1 June, 2021 till International Yoga day were organised for the wellness of all the NSS volunteers came to an end on 20th June, 2021 The sessions proved to be very fruitful for all the attendees and helped them in maintaining their health and in being optimistic even in such difficult times.

Meeting link - https://meet.google.com/huv-otna-bzq



International Yoga Day with Mr Rahul Prakash (June 21,2021)

A live webinar was organized on 21st June, i.e., "International Yoga Day". The guest speaker was Mr. Rahul Prakash who deals with 'Personality Philosophy' and has also dabbled in state-level boxing, martial arts, tennis, and eventually personal training in collaboration with Fitholic Association. The webinar was very insightful and interactive. Students learnt various aspects of being fit and healthy. Many of them also came up with their queries which were very deeply analyzed and explained by Mr. Rahul Prakash.

Meeting link - http://meet.google.com/xyu-fmaq-cxy



Project Activities

PROJECT RED DOT

Under the Red Dot Project, volunteers produce low cost sanitary napkins within the college premises in the most hygienic, affordable and efficient way possible. Later on, these manufactured sanitary napkins are distributed to the underprivileged women in the adopted village of NSS unit, Wazirpur. Volunteers also spread awareness about the mensuration and importance of the menstrual hygiene and personal cleanliness. It is one of the most appreciated projects of the NSS unit of LBC.

• 28th May, 2021 (Menstrual Hygiene Day)

On the juncture of Menstrual Hygiene Day, the vibrant Red Dot Project of NSS unit of Lakshmibai College took the initiative of celebrating it via online mode in these tough times of COVID 19 pandemic.

Menstrual Health and Awareness Day

We celebrated "Menstrual Health and Awareness Day " as HAPPY PERIODS DAY and on this occasion we had conducted an activity where we needed to have a conversation with our house help/friend/sister/any family member about how to effectively manage periods. We recorded a video of 3 minutes for the same and clicked a photograph showing a REDDOT on our palm.







PROJECT SAMARPIT

As the name suggests, project Samarpit is dedicated to the specially-abled students of our college. Under this project, the volunteers help their fellow college mates that are specially-abled by composing assignments, notes and other requirements that improve their studies and enable them to do extensively better both in academics and extra curricular activities.

In this online Era we have tried making them well versed with the face of technology. Apart from this we provide other sorts of help in our college premises .

The main aim of this project is to inculcate specially-abled students with the society .





PROJECT HUNAR

Hard work, creativity, warmth, dedication, theatre, art, you name it and the unit has room for everything in it. Hunar has in it, volunteers that create art and symbolise social work. It is one of the most powerful projects that performs impactful plays (Nukkad Nataks) on social projects. Apart from this the volunteers get numerous opportunities to explore their talents and utilize them for service.

During Pandemic the following online skits were organised:

1)सावधानी हटी, दुर्घटना घटी (31 October 2020) - A play on vigilance • On the occasion of Vigilance Awareness Week, the volunteers of NSS Unit of Lakshmibai College prepared a short play. This interesting play will make you burst out of laughter while making you aware about how important it is to be cautious of what is happening around you

 Gantrotsav(26 January 2021) - Commemorating the importance of farmers, teachers ,soldiers and importance of Indian constitution on the occasion of 72nd Republic Day.

3) Badlav Zaroori hai (21 March 2021)

·"Betiya toh paraya dhan hoti hai"

Something we all are well aware of but still turn a deaf ear to Marriages play a more prominent role in our lives than education. Since ages, marriages in our country have been promoting bad culture which affects the society's mentality in various ways. The culture which despite several protests, still prevails in India proudly. The first episode of the video series is "Baat Purane Samay Ki" which would briefly escort you on how the evil customs of child marriage and dowry have annihilated people's lives.

जाति या जंजाल (27 March 2021)

On the occasion of World Theatre Day, the volunteers of Project Hunar of the NSS unit of Lakshmibai College present to you, the second episode of the video series "Badlaav.... Zaroori Hai" titled as Jaati Ya Janjaal.

This episode would briefly show you how girls and boys are pressured to go for arranged marriages and sacrifice their love and life for an unknown person just for caste Terms like BIRADARI, JAAT, etc are considered so important.

· Why "fit in" when you were born to STAND OUT (4 April 2021)

The volunteers are back with the breathtaking episode of our series "बदलाव जरूरी है।" The third and final episode "एक कदम बदलाव की ओर" depicts the pressure a person faces in his/her mid 20s to get "settled" and the discrimination against different genders Greatest prison in which people live in is the fear of what other people would say.

4) World Earth Day (22 April 2021)

The Tale of the Planet Blue Development place year-by-year,But No one noticed Earth in tear. Corona is just a start,If we don't stop, much is awaited to bear.On the occasion of "World Earth Day" the volunteers of NSS unit of Lakshmibai College have made an attempt to showcase Earth's situation through this play - "The Tale of the Planet Blue".You reap what you sow. Its not too late yet, situation can be improved, earth can be saved.



PROJECT SHIKSHIKA CELL

The Volunteers of Shikshika Cell are deeply committed to social service and this is very evidently reflected when they visit the adopted slum of our college, i e. Wazirpur every weekend and teaches the underprivileged children thereby enhancing their grasping capacity and improving their learning techniques and organising activities in order to enhance holistic development of children. Under this project volunteers also visit different schools and perform interesting and informative activities with the students for inculcating creativity, confidence and strong personality amongst students that fail to afford quality education and exposure..

In the pandemic times, Timarpur slum was also adopted near Vishwavidyalaya area and NSS volunteers regularly visited on weekends there. Also, short online video content material was prepared to make the kids of slums understand more easily about different concepts related to their curriculum and to promote interest in extracurricular activities.

Masks were also distributed there and students were taught about the importance of sanitation and hygiene in COVID times and videos were shown for ensuring precautions against COVID.



PROJECT SAMPURAN VIKAS

Vaccination Awareness

On the 14 of April the volunteers of sampurna vikas came forward to make the students aware about the vaccination drive. They explained the importance of getting vaccinated including the steps to be taken before and after vaccination. The volunteers even stressed on bursting the myths of the students and encouraged them to get vaccinated.

Group discussion (food safety)

Group discussion on food safety took place on the 31st of May 25 volunteers actively participated in the group discussion and expressed their views on the topic food safety. The topics included -importance of food safety, components of food safety, food safety at homes, facts about food safety, etc. This group discussion was insightful and helped the volunteers become aware of food safety and its importance in our daily life. This activity even helped all the 25 volunteers gain confidence.

Meeting link: https://meet.google.com/czd-htwd-uzg

Group discussion + Movie screening(child labour)

On June 1, movie screening was followed by a group discussion on child labour. During this activity ,the volunteers were showed a movie on child labour after which they expressed their views on the same. The topics which were included in the group discussion were-history of child labour, origin of child labour, child labour in India, etc. 25 volunteers enthusiastically participated in this group discussion.

Meeting link: https://meet.google.com/jei-etoi-hyh

Group discussion + Movie screening (environmental issues)

Considering the fact, that all the volunteers should be provided a chance to participate in these engaging group discussions and movie screenings, the core members organized another movie screening and group discussion on the 3 of June.25 volunteers enthusiastically participated in this activity. During this activity, the volunteers were presented a movie on environmental issues which was followed by a group discussion on the same.

Meeting link: https://meet.googie.com/jwr-kcfg-vjq

Discussion on music day

On 21 of June the second wave of covid was on its peak, amidst these challenging situations, the volunteers gathered together to celebrate music day. During this activity, the volunteers were given the liberty to talk about the challenges they were facing during these times, they even played

games like dumbsharades, sang songs .This was an informal session in order to interact with the volunteers and lift up their moods.

Meeting link: https://meet.google.com/zwu-kkmv-izt

Other activities that were conducted during session were tutorial videos on co curricular activities, parakram poster and essay writing competitions, poetry/song writing and online fitness and fun activities.



Core Representatives







Kanishka Joshi {Hunar & Technical Head}

Riya Sharma {Shikshika & Technical Head}

Mansi Jain {Shikshika & Samarpit Head}



Muskan Aggarwal

{Hunar & Editorial Head}



Shrinkhla Jagga

{Red Dot & Samrpit Head}



Pallavi Narayan

{Red Dot & Editorial head}



Saumya Bajpai {Hunar & PR Head}

Ehsaas Gakhar {PR Head}

Nishi Maurya

{Hunar & Samarpit Head}



Barkha

{Sampurn Vikas & Shikshika Head}



Riya Mangla {PR and Technical Head}



Karoona Kumari

{Shikshika & Sampurn Vikas Head}







Apeksha Modi

{Hunar & Technical Head}

{Sampurn Vikas & Red Dot Head}

Sonali Dutta

Jufi Shaikh

{Red Dot & Shikshika Head} 3.3.3



04 AUGUST 2021

LAKSHMIBAI COLLEGE

Vaccination Center



Unity Run in Collboration with NSS unit. [31st Oct 2021]



NATIONAL SERVICE SCHEME in collaboration with

NATIONAL CADET CORPS

Cadets at Vaccination Drive, LBC



Tribute to CDS Gen Bipin Rawat. [10th Dec, 2021]

Pulse polio immunization program



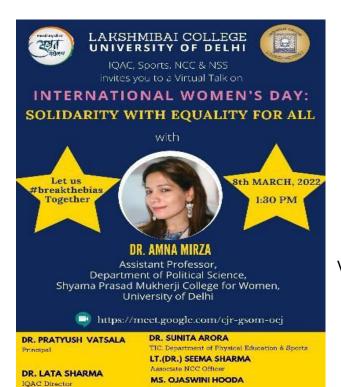
Cadets volunteering at Pulse Polio Immunization Program at Kasturba Hospital, Dariyaganj. [3rd Mar, 2021]

NCC Cadets at Vrindavan Visit, Yamuna Mission [6th Mar, 2021]





Self Defence Training camp with Delhi Police, International Women's Day. [8thMar, 2021]



Virtual Talk, Women's Day 2022 [8th March, 2021]

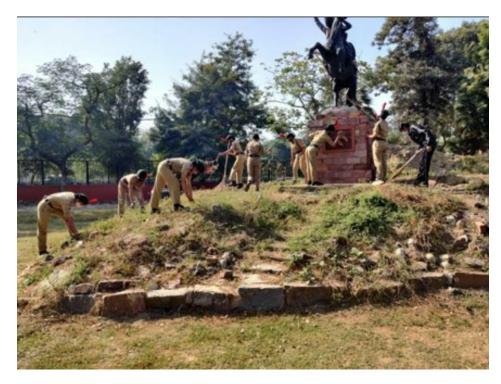


Puneet Sagar Abhiyan [2nd April]

NSS Program



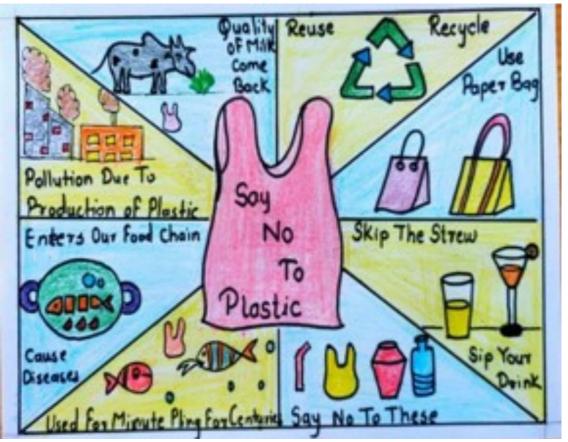
Anti- Pollution Drive (Poster Making)



Clean India Green India Drive



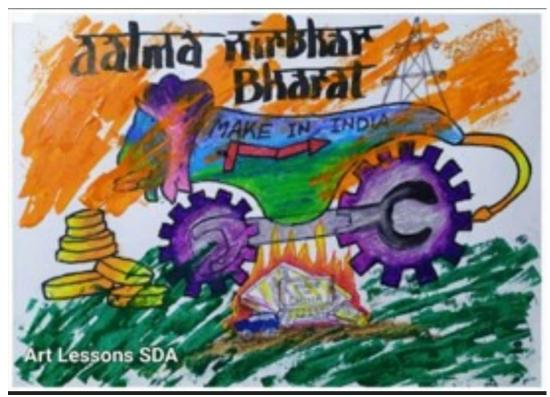




Segregation of Waste



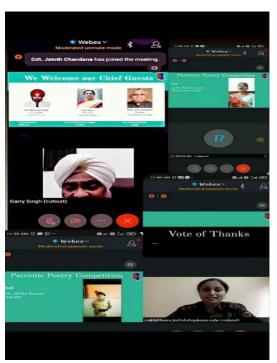
Fit India Movement



Atma-Nirbhar Bharat Movement



Swachtta Abiyaan at Rajpath



Independence Day Celebration. (Offline + Webinar) [15th Aug 2021]



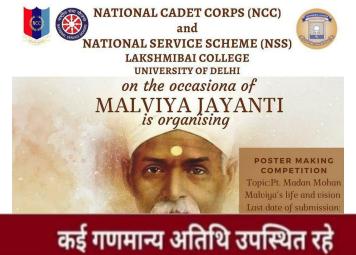
Kargil Vijay Diwas [26th July 2021]



Panel Discussion in Collaboration with Veerta NGO. [7th Sept, 2021] Student Induction Program [29th Nov, 2021]



Enrollment 2021 [11-13th Dec, 2021]



VOIC

UNIVERSITY OF BELHD

शोक विहार

Panel Discussion and poster making competition on Malviya Jayanti in

NE

NSS. [25[™] Dec, 2021]

Skit on Shaheed Diwas [23rd march 2022]

International Yoga Day Celebration.

