

Food Technology and Nutrition wing of Department of Home Science was abuzz with academic and extra-curricular activities during the year 2016-17. Students and faculty participated in the Youth Express Program on Skill Development aired on National Doordarshan Channel in the month of May. A faculty workshop on Teaching and Evaluation for Food Technology (CBCS) was organized on 15<sup>th</sup> September for the teachers of Delhi University.

The much-awaited annual event, National Nutrition Week, commenced on 5<sup>th</sup> September with an intra-college recipe competition on Millet-based Recipes, an intercollege essay writing competition on Significance of Millets in Health and Nutrition and an intercollege photography competition on Safe and Nutritious Food. These contests saw an active participation from over 60 students from various colleges of university. Shrishti Shukla from Lakshmibai College and Shivani Thukral from Lady Irwin College won first prize in essay writing whereas Shruti Jain and Shubhangi from Lakshmibai College bagged first and second prize in photography. The celebrations culminated in end-September with a half-day seminar on Nutritional Perspectives in Food Industry and Dietetics organized in collaboration with Indian Dietetics Association (IDA), Delhi chapter. Ms Neelanjana Singh, President, IDA, Delhi delved on the importance of studying nutrition while Dr Neerja Hajela, General Manager – Science and Regulatory Affairs, Yakult Danone deliberated on the role of probiotics in human health. Prizes were distributed, IDA newsletter was released and Food Technology and Nutrition Society (FoTaNs) was launched at the occasion.

Earlier, Muskan, Rabiya and Shreya from final year and Shubhangi from II year completed a month-long summer training at FICCI Research and Analysis Centre (FRAC) in May-June, 2016 and gained rich hands-on experience at chemical, instrumentation and microbiology laboratories. With the objective of enhancing their knowledge in milk and probiotic processing, the students were taken to Yakult (Sonapat) in September and to Mother Dairy (Delhi) in the month of February. A panel discussion on Careers in Home Science was organized in February where Dr Simmi Bhagat and Dr Pulkit Mathur, professors from Lady Irwin College answered a volley of queries from the students. Four graduate students in International Development from the School of Advanced International Studies (SAIS), John Hopkin's University, USA visited the college on 9th January 2017 to interview the faculty about main challenges faced by urban poor in gaining access to nutritious foods and the municipal government initiatives to improve access to nutrition and create awareness in New Delhi.

An innovative undergraduate project 'Nutri Bite – a Food Plaza' was initiated in January to make available safe and nutritious snacks to the college students. Shikha Sharma, the Principal Investigator of the project, formed and led successfully a self-help group of twenty students to prepare and serve safe, healthy and delicious cupcakes and savoury snacks in the college premises for over two months.

Shreya of III year won a consolation prize at national essay writing competition on 'Traditional foods' organized by Council for Traditional Food, AFSTI & Bhartiya Dharohar on World Food Day, Oct 16, 2017. Final year student Muskan got I position in photography as well as logo making competitions and Shikha Sharma won second prize in logo making at Vivekananda College. Ruby Goyal and Shikha Sharma, students of III year, made the department proud by bagging at Shyam Lal College, the First Runner-up Trophy for the second consecutive year, 2017.