**ANNUAL REPORT 2014-15**

**From the Field of Sports**

Lakshmibai College has been performing remarkably well and maintaining its top performance in the field of sports in University of Delhi. Students are bringing laurels to our college, university, state and country by participating at university, national and international level tournaments with their hard work, dedication and sincere efforts.

During the session 2014-15, our students participated in various sports and games including Archery, Athletics, Baseball, Boxing, Chess, Cricket, Cross Country, Fencing, Gymnastics, Handball, Judo, Kabaddi, Kho-Kho, Netball, Power-lifting, Shooting (Rifle & Pistol), Softball, Swimming, Taekwondo, Table Tennis, Volleyball, Wrestling, Weightlifting and Yoga at various levels. The achievements are listed below :

**World University**

Two students of our college including Shweta and Bhawna have been selected for the World Universities Baseball Championship.

**All India Inter-University/ North Zone Inter University**

34 students of our college represented University of Delhi in All India Inter-University competitions in different sports out of which 7 students secured gold medal in Baseball namely Sajina, Sadaf, Manisha, Bhawna, Shweta Das, Preetam Kaur and Chetna; while 5 students bagged silver medal in Softball including Shweta Das, Archana, Kavita, Preetam Kaur and Priya Pundhir. The participants included Ritu and Neha in Athletics; Aakankshi & Pooja in Boxing; Bharti, Neeraj and Ritu in Cross Country; Siddakpreet Kaur, Nosaba, Anita Singh and Prema in Fencing; Rakhi in Gymnastics; Babita in Handball; Shelza Vats in Judo; Sandhya Saini in Power-lifting; Vaishali Sharma in Weight-lifting; Akanksha Gupta, Shelza Vats, Sonia and Neena in Wrestling; Sonali and Pooja Gupta in Yoga.

In North- Zone Inter-University competitions, our 10 students represented University of Delhi in different sports, out of which 4 students secured 3rd position in Cricket namely Manju Sen, Nidhi, Taruna and Vandana. The participants included Rajesh and Nisha in Kabaddi; Sakshi Khanna in Kho-Kho; Neelkamal, Harsha and Priyanka in Volleyball.

**Inter-College**

In Inter-College competitions, Lakshmibai College won the Championship in Athletics, Cross Country, Kabaddi, Power-lifting, Weight-lifting, Softball, Wrestling & Yoga; won the 2nd position in Archery (Recurve) and Judo; and stood 3rd in Archery (Compound), Boxing and Kho-Kho.

Individually, we won a total of 51 medals including 21 gold, 16 silver and 14 bronze medals. The **gold medal** winners were : Swati Singhal (400m with **NMR**), Swati Singhal (800m), Bharti (5000m), Ritu (10000m), Ritu (Half Marathon), Anita Singh (5km Walk), Neha, Swati Singhal, Rini Sikdar, Ankita Saini (4x100m with **NMR**), Bharti (Cross Country), Sonia (Wrestling-55kg), Shelza Vats (Wrestling-63kg), Akanksha Gupta (Wrestling-75kg), Sandhya Saini (Weightlifting-48kg), Neha (Weightlifting-53kg), Vaishali Sharma (Weightlifting-69kg), Sushma Malik (Weightlifting-75+kg), Sandhya Saini (Powerlifting-52kg), Vaishali Sharma (Powerlifting-72kg), Sushma Malik (Powerlifting-84kg), Shelza Vats (Judo-57kg), Akankshi (Boxing), Pooja (Boxing). The **silver medal** winners were : Neha (200m), Neha (400m), Bharti (10000m), Neha Prabhakar (5km Walk), Sonia Mishra (Half Marathon), Ritu, Neeraj, Poonam, Bharti (4x400m Relay), Neeraj (Cross Country), Neena (Wrestling-48kg), Bharti (Wrestling-58kg), Rajni (Wrestling-60kg), Annu (Weightlifting-57kg), Neha (Powerlifting-47kg), Annu (Powerlifting-63kg), Sushma Malik (Judo-78kg), Shelza Vats (Judo-Open wt), Sushma Malik (Boxing). The **bronze medals** were bagged by Kajal (Archery-Recurve), Neeraj (5000m), Sonia Mishra (400m Hurdle), Radha (Half Marathon), Rinki (Heptathlon), Pooja (Weightlifting-75kg), Reshma (Powerlifting-57kg), Bharti (Judo-63kg), Akanksha Gupta (Judo-70kg), Neha (Taekwondo-67kg), Sujata (Boxing-48kg), Yashvi (Boxing-57kg), Khushboo (Boxing-69kg), and Glory (Boxing-75kg).

**National**

55 students of our college represented Delhi State in various Competitions including National Games, Senior National, Junior National, Federation Cup/ All India etc. Out of these, the gold medal winners were Sonali & Nigar in Yoga; Neha in Taekwondo; Lakshmi in Kabaddi; the silver medal winners were Ayushi, Aarti & Nazreen in Yoga; and the bronze medal winners were Drishti, Fatima & Neha in Yoga; Lakshmi in Kabaddi; and Sajina, Manisha, Bhawna, Shweta, Jyoti in Baseball.

The participants includes Kajal in Archery; Neha & Swati Singhal in Athletics; Vandana in Cricket (Captain U19 team); Sonia Mishra & Neha Prabhakar in Cross Country; Siddakpreet Kaur, Nosaba & Anita Singh in Fending; Sushma Malik & Shelza Vats in Judo (both Senior National as well as National Games); Rajesh & Bindu in Kabaddi; Mohini Rawat & Priya Singh (both Senior National and National Games), Deepika, Priya & Radha in Kho-Kho; Renu Kahsyap, Sanjana, Shalini & Kajal in Netball; Sandhya Saini in Power-lifting; Kirti in Rifle Shooting; Neelkamal, Harsha, Priynaka, Priyanka Singh, Jyoti Gupta, Deepika, Prabhdeep and Priyanka in Volleyball; Mohini, Priya & Manisha in Sepak Takraw; and Akanksha in Drop Ball.

**North Zone / Central Zone**

Shweta Das, Bhawna, Manisha, Sajina, Sadaf, Pinki & Shalu Jain won the gold medal in North Zone Baseball tournament; while silver medal was won by Mohini Rawat & Priyanka in Kho-Kho; and Priyanka Sehgal, Mohini & Manisha in Sepak Takraw; and the bronze medal was bagged by Neha Prabhakar in Athletics. Other participants included Anita Singh in Athletics and Kirti in Rifle Shooting.

**Delhi State/Delhi State Sports Festival for Women**

Our college secured 1st position in Delhi State Fencing and Delhi State Yoga; 2nd position in Delhi State Sports Festival for Women in Athletics & Delhi State Archery (Jr.); and 3rd position in Delhi State Archery (Sr.). Swati Singhal of our college was adjudged as the BEST ATHLETE in Delhi State Athletics Meet in the U 20 Girls Category.

Individually, we won a total of 25 medals including 11 gold, 6 silver & 8 bronze. The gold medal was won by Swati (400m), Swati (800m), Bharti (5000m), Sonia Mishra (400m H), Vaishali Sharma (Shot Put), Sandhya Saini (Power-lifting), Kajal (Archery-Jr) in Delhi State and Swati (400), Swati (800), Bharti (3000), Neha (200) in Delhi State Sports Festival for Women. The Silver medal was won by Poonam (800m) & Rinki (Javelin Throw), Vasihali Sharma (Power-lifting), Kajal (Archery-Sr.) in Delhi State and by Neha, Swati, Rini, Sandhya Saini (4x100), Neha, Swati, Bharti, Nishu (4x400) in Delhi State Sports Festival for Women. The Bronze medal winners were Neeraj (1500m), Bharti (10000m), Radha (400m H), Rini Sikdar (Long Jump), Sakshi (Power-lifting), Kirti (Rifle Shooting) in Delhi State and Neha (100) & Poonam (3000) in Delhi State Sports Festival for Women.

**Open Tournaments**

In Rajiv Gandhi Open Delhi State Judo Championship, Shelza Vats and Sushma Malik won the gold medal. Our Volleyball team stood 2nd in the Erobern-Sports Festival at Miranda House; while our Kho-Kho team stood 3rd in Bharti Cup Kho-Kho Tournament.

In the Lakshmibai College Golden Jubilee Tournament, our Kabaddi team won the Championship while Kho-Kho team stood runners-up. Team-B of our college also stood 3rd in the Kabaddi tournament. The baseball team is playing the finals on 20th March.

In all, we won a total of 133 medals including 55 gold, 39 silver & 39 bronze medals at different levels of competitions during the session 2014-15.

During the Golden Jubilee Celebrations Sports Tournaments, the department of Physical Education & Sports successfully organized Delhi State Yoga and Baseball Championship in collaboration with Delhi State Yoga Association and Delhi State Baseball Association respectively in which, Principal Dr. Veena Gautam presided over the function and gave away the prizes to the winners. We also organized invitational Inter College Kabaddi & Kho-Kho Championships in which Mr. R.K. Singh, the Managing Director of M/s Shiv Naresh Sports Pvt. Ltd. was the Chief Guest while International Kabaadi players Mr. Manjeet Chhiller and Mr. Anil were the guests of honour. In Inter Class Cross County Competition organized for general as well as sports students in the college premises, Dr. Raj Nangia gave away the prizes to the winners.

Department of Physical Education & Sports